

MetLife
Disability Plan Rates
2009 - 2010 Plan Year

Short Term Disability

	14 Day	30 Day
0 - 29	0.36	0.27
30 - 34	0.36	0.27
35 - 39	0.36	0.27
40 - 44	0.54	0.40
45 - 49	0.73	0.54
50 - 54	0.80	0.80
55 - 59	1.06	1.06
60 - 64	1.23	1.23
65 +	1.23	1.23

Long Term Disability

	90 Day	180 Day
0 - 29	0.14	0.09
30 - 34	0.20	0.13
35 - 39	0.30	0.19
40 - 44	0.48	0.38
45 - 49	0.68	0.50
50 - 54	1.00	0.74
55 - 59	1.34	0.98
60 - 64	1.59	1.15
65 +	1.59	1.15